

June 2011

Hi Lites of Lutheran Manor





Mark Your Calendar

Welcome New Residents

Donnie Byington - 1101
 Evelyn Keown - 717
 Ann Verret - 802

June 3 (Friday)	Speaker "Prescriptions"	2 p.m.	Lounge
June 4 (Saturday)	Coffee & Donuts	8 a.m.	Lounge
June 4 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
June 5 (Sunday)	Concert	6 p.m.	Lounge
June 10 (Friday)	Therapy Dog visit	11 a.m.	Lounge
June 10 (Friday)	Food Box Delivery	11:30 a.m.	Patio
June 12 (Sunday)	Pie A la Mode Party	6 p.m.	Lounge
June 13 (Monday)	Tenant Committee Meeting	1:30 p.m.	Ceramics
June 14 (Tuesday)	General Meeting (7th floor responsible for snacks)	2 p.m.	Lounge
June 15 (Wednesday)	Birthday Party	5 p.m.	Lounge
June 17 (Friday)	Speaker "Vision Loss"	2 p.m.	Lounge
June 18 (Saturday)	Soup & Hot Dogs	11 a.m.	Lounge
June 20 (Monday)	Speaker "Bethlehem Steel"	2 p.m.	Lounge
June 21 (Tuesday)	Speaker "Nutrition & Hydration"	2 p.m.	Lounge
June 24 (Friday)	Cookout	12:30 p.m.	Lounge
June 28 (Tuesday)	Speaker "ShareCare"	2 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Bingo	Every Monday	6 p.m.	Lounge
Woodcarving	Every Thursday	8 a.m.	Shed
Life Biography	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	1 p.m.	Patio

Looking Ahead...

JULY

Saturday 7/2	Coffee & Donuts		8 a.m.
Saturday 7/2	Pinochle Party		12:30 p.m.
Monday 7/4	July 4th Picnic	Gary/Carol Kratzer	1 p.m.
Saturday 7/16	Concert	Jack & Friends	6 p.m.
Sunday 7/17	Concert	Majestics	6 p.m.
Sunday 7/30	Concert	Bill Murray	6 p.m.

Reminder...

The general meeting, committee meeting, candy/snack table, and soup and hot dog luncheons will be taking a break in July and August. They will all return in September.

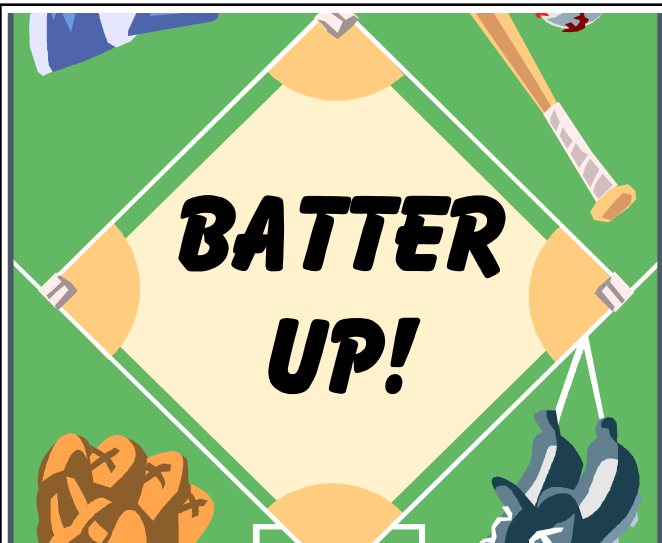
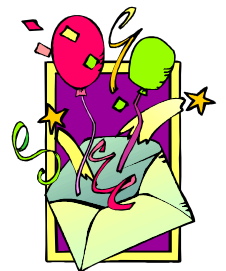
The Bookies are out to lunch this month! Look for them in the patio again next month.

Computer Lab

Learn how to make greeting cards, flyers and more using MS Publisher. Impress your family and friends when you send them cards you made yourself!

Nancy will teach Microsoft Publisher on

**Tues., June 7 and 14,
6:30 to 8:30 p.m.**



Join us for some Baseball! We will be going to see the Iron Pigs on the dates below. If you would like to attend, please see Don, Apt. #106. Cost per game is \$9 per person.

**Friday, June 10
Friday, July 15
Friday, August 12**

Coffee & Donuts

Saturday, June 4
8 to 10 a.m.

\$1.75 coffee & donut
.75 additional donut
Friends and Family
Welcome



Soup & Hot Dogs

Saturday, June 18
11 a.m. to 1 p.m.

SOUP: \$2.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS \$.50

DESSERT: Ice Cream & Strawberries
\$2.50

Entertainment:
Frank & His Accordion

50/50 Drawing
Candy will be sold too!

Friends and Family
Welcome!



The Snack Stand

Snacks available

Mondays from 4 to 8 p.m.

Wednesdays from 4 to 7 p.m.

In the Main Lobby

The snack stand will be closed
for summer.

The last day
for snacks will
be June 18.



Spring into Summer

Concert

Sun. June 5
6 to 8 p.m.

Entertainment:
The Occasions

Light Refreshments
Good Will Offering
50/50 Drawing

Friends and family welcome

Miki's



Corner



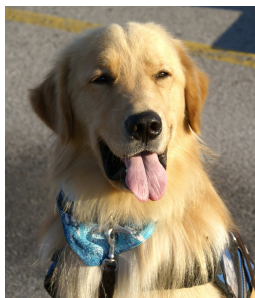
Managing Prescriptions

Fri., June 3, 2 p.m.

Many of us take numerous prescriptions and they all need refills at different times. Ken Dumbach of Hartzell's Pharmacy will be here to talk about a new program they have that will simplify your life, save time and help you keep track of your prescriptions.

Therapy Dog Visit

**Fri., June 10
11 a.m.**



Come by the lounge to meet Chief! Chief is a trained and certified therapy dog owned by Howard Moskovitz. Each month, Howard will bring Chief, a beautiful golden retriever, to visit us in the lounge. You will have the opportunity to pet the dog, talk to him and just love him. Be sure to come down for some furry love.

Vision Loss

Fri., June 17, 2 p.m.

There are many diseases that affect our vision from cataracts and glaucoma to macular degeneration. Doug Yuengling of the Centers for Vision Loss, will be here to talk about the various conditions that affect vision, some of the many items available to help with low vision and how the Center helps those with vision loss.

Visiting the Blast Furnaces

**Mon., June 20,
2 p.m.**



They tower over the newly built Steelstacks Center and Sands Casino. What are they? The Bethlehem Steel blast furnaces. Did you or your spouse or friends work at the Steel? If so, you won't want to miss this exciting presentation on the history of the Steel and a look inside the blast furnaces with the men who worked there. This presentation is brought to us by the Steelworkers Archives.

Nutrition & Hydration

Tues., June 21, 2 p.m.

As the summer months approach, it is extremely important to eat properly and to stay hydrated. Water is the life blood of our bodies. Colleen Kelly of Patient Care Home Care, will be here to talk about the importance of eating right and especially keeping hydrated. Refreshments will be served.



ShareCare

Tues., June 28, 2 p.m.

ShareCare Faith in Action, is a non-profit organization that provides help to seniors. Ranging from visiting to transportation to grocery shopping, their volunteers are available to help. Kevin Moyzan, of ShareCare, will be here to tell you about their services and how you can sign up.



TIME FOR SOME R & R...

Jesus said to them, "Come away to a deserted place all by yourselves and rest a while." (Mark 6:31)

School is about to be over—that is public/parochial school. Colleges have already reach their summer break. For all of us who keep up our daily routine, I pray that we too might find time for a "break", for rest and refreshment during the next few months. Jesus, in the Gospel of Mark, tells us to "Go to a deserted place to rest awhile." This is very important advice for us who have grown up with a "work" ethic. How many of us have lived our lives believing that if we aren't "doing something" we ought to feel guilty.

The Greek word for rest is *sabbatismos* which refers to a Sabbath rest, a rest from all work. The writer of Hebrews says: "So then, a sabbath rest still remains for the people of God." (Hebrews 4:9)

We are reminded by God that it is important to take time from "doing"—to set aside for "a Sabbath rest." I hope and pray that this summer you will set aside time to rest with family and friends.

Many of us carry awesome burdens, some of which we place upon ourselves, but some over which we have little control. As the people of God, we live under God's peace and it is a peace we experience as we participate in a Sabbath rest.

May you be refreshed by your summer Sabbath receiving a "peace that passes (all of your) understanding!"

-Chaplain Clark



WORSHIP- JUNE, 2011 – 2 pm in the Lounge

THURSDAY- June 2nd - Rev. Donald Schwartz, Grace Lutheran, Bethlehem

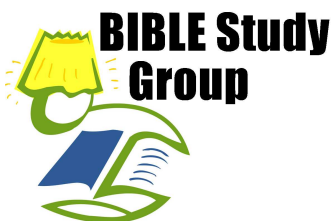
TUESDAY – June 7th Rev. Pat Lamb, Notre Dame RC Church, Bethlehem

THURSDAY- June 16th . – Rev Jay Wetzel, St. John Lutheran, Bath

THURSDAY- June 23rd - Pastor Mark Culton, Ebenezer Bible Fellowship, Bethlehem

THURSDAY- June 30th – Rev David Schaeffer, St. John Lutheran, Nazareth

BIBLE STUDY EVERY
MONDAY FROM 1-2 PM
IN THE PATIO.
YOU ARE ALWAYS WEL-
COME!



Note from the Property Manager...

As each flower bed is completed, our property looks better and better!!! The flowers are vibrant and add such a sense of "home" to Lutheran Manor. *Thank you Bob*, your green thumb is noticed and highly appreciated! 😊

Please remind visitors that we have made a change in our parking lot. In front of the entrance, we removed the 15 minute parking space. This space is now included in the fire zone and vehicles will be ticketed if parked there. We made this change to allow the ambulances, fire trucks and police officers a safer route to maneuver around the entrance. There are still three remaining parking spaces with a 15 minute limit—please remind visitors to utilize those spaces.

It is that time of year - INSPECTION, INSPECTION, INSPECTION!! Our Maintenance team will begin their apartment inspections in June. Please inform them of all your maintenance concerns. If we are not informed, then we cannot maintain the apartments like we want to. It is very important that you report problems or concerns immediately to avoid larger maintenance problems. We pride ourselves with this beautiful building, but we need your cooperation to continue to keep things beautiful and working properly.

On a sad note, we will no longer be having ceramics at Lutheran Manor. Due to the increased costs of supplies and a lack of tenant interest, we have decided to stop this program. We will continue to use the room for various programs and activities.

June 24th we are having a Lutheran Manor cookout outside. I hope to see everyone there!! 😊

Courtney Donohue
Property Manager

Van Trips to Notice...



We have a number of Van trips coming up in July to take note of. Check your Van Trip sheet in this newsletter and be sure to sign up for them.

July 10 - #9 Coal Mine Tour and Museum, Lansford, PA — Enjoy this fascinating tour of a real coal mine, explore the museum and participate in the Coal Miner's Festival. Admission is \$7.

July 16 - Burnside Plantation Blueberry Festival - Stroll through the historic plantation and enjoy all things blueberry! Food, crafts, music abound. Admission fee.

July 17 - Pines Theater "Country Jamboree" - Down home fun, rib tickling food, the best old-time country and blue grass music this side of the Mississippi. \$15 per person.

SUMMER COOKOUT BASH!

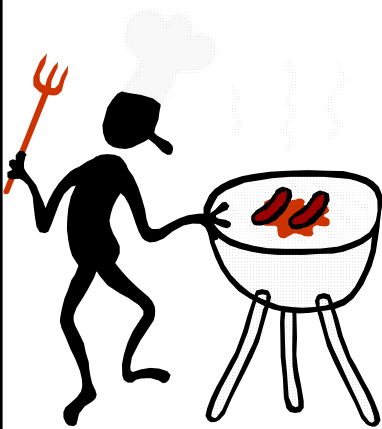
First Time Event!

Friday, June 24

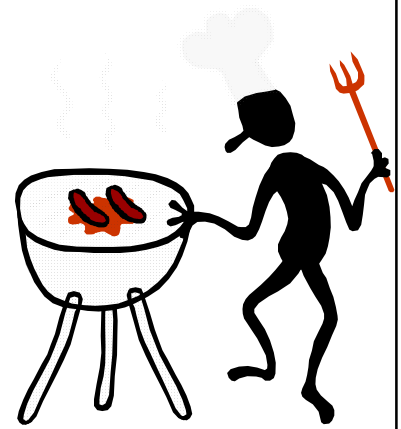
Lunch served 12:30 to 2:30 p.m.

Entertainment by "Marty"

1 to 3 p.m.



All food will be served outside behind the building, **we will not be using the lounge** (weather permitting)



Hosted by The Men's Group and Lutheran Manor Apartments



Summer Cookout Bash

Please return this slip to the Miki's office.



Name: _____

Apt. #: _____ #Attending _____ (residents only)

Deadline for Reservations, Weds., June 15



Pie a la Mode Party

**Sunday, June 12
6 p.m. in the Lounge**

Cost:

\$3 per resident
\$5 per guest (limit 2)

**Apple Pie
Vanilla Ice Cream
Coffee or tea
Soda \$1.00**



**Entertainment
by
Joseph Kroboth
& Bob on drums
Variety of music**

**Coordinator:
Ronnie Clifford**

50/50 drawing

You may reserve a table for **6 or 12 people only** before the deadline date

Pie a la Mode Party

(I am reserving a table for 6 or 12 _____) #of guests _____

Write names on back

Put slip under Marge Bachemin's door #705 with cash in envelope

NAME: _____ Apt.# _____

PHONE: _____

Deadline for Reservations, Weds., June 8

4TH OF JULY PICNIC

Monday, July 4, 2011
1 p.m.
Lounge



50/50 Chances
3 for \$1.00

BUFFET MENU:

Baked Chicken
Hamburger BBQ
Baked Beans
Potato Salad
Vegetable Salad
Chips & Pretzels
Fruit Salad
Dessert
Coffee & Iced Tea
Soda \$1.00

Cost:

\$8 per resident
\$10 per guest (limit 2)

Entertainment:

Gary Kratzer

Sings and plays accordion to a variety of music accompanied by his wife, Carol

Audience participation!

You may reserve a table for **6 or 12 people only** before the deadline date

Coordinator: Ronnie Clifford



4th of July Picnic

(I am reserving a table for 6 or 12 _____)

of Guests _____

Write names on back

Put slip under Marge Bachemin's door #705 with cash in envelope

NAME: _____ Apt.# _____

PHONE: _____

Deadline for Reservations, Weds., June 29

Inspections

Dear Residents:

We are required by the Department of Housing and Urban Development to periodically inspect all equipment in Lutheran Manor. This includes Heating/AC, plumbing, electrical, appliances, windows, carpeting, paint, etc.

On each of the following dates, we will visit apartments on the floors listed. If you are not home, we will enter your apartment for the inspection. **If you do not want Maintenance in your apartment when you are not there, please fill out the slip below and place in the Maintenance box.** We will return at another time.

Monday, June 20: Floors 9, 10, 11

Tuesday, June 21: Floors 6, 7, 8

Wednesday, June 22: Floors 3, 4, 5

Thursday, June 23: Floors 1 and 2

Thank you for your cooperation.

Bob and Ken
Maintenance Department



I do not want Maintenance Staff in my apartment if I am not present.

NAME: _____ **APT. #** _____

PHONE: _____



Lutheranmanor.com

We have a newly designed website.
Take a moment to check it out. See the great pictures, read the newsletter
online and refer to the calendar.
Be sure to tell your family and friends!



Photo Release Form

With the launch of our new website and increased marketing efforts, we are asking that each resident please fill out this Photo Release form. Should your picture be taken by one of our resident photographers, it may be used on the website, on the picture viewer in the lobby or on other marketing materials. **It is important that EVERY resident fill this out and return to Miki by June 20.**



Photo Release Form

I hereby grant unrestricted permission to Lutheran Manor of the Lehigh Valley, Inc. to use any photographs taken of me or in which I may be included with others, to publish and republish the same in whole or in part in conjunction with any printed matter, websites, or other media now or in the future. I waive any right I may have to inspect or approve finished products. I understand all photographs will be included into stock files, are the property of Lutheran Manor and can be used at any time for promotional purposes.

Name: _____ Apt. #: _____

Van Trips



July 2011

DATE	TRIP	TIME
July 1 (Friday)	Bethany Wesleyan Flea Market	8:00 a.m. _____
July 3 (Sunday)	Renningers Flea Market	9:00 a.m. _____
July 5 (Tuesday)	Banks; CVS; \$\$ Store; PO	9:30 a.m. _____
July 6 (Wednesday)	Kings	9:30 a.m. _____
July 7 (Thursday)	Breakfast/Valley Farms	8:30 a.m. _____
July 10(Sunday)	#9 Coal Mine & Museum Tour/Lunch	10:00 a.m. _____
July 13(Wednesday)	JC Penney Outlet Reading	9:00 a.m. _____
July 15(Friday)	Iron Pigs Game	6:00 p.m. _____
July 16(Saturday)	Burnside Blueberry Festival	10:00 a.m. _____
July 17(Sunday)	Pines Theater "Country Jamboree"	5:15 p.m. _____
July 18(Monday)	Lunch/Carmike Movies	11:00 a.m. _____
July 19(Tuesday)	Lunch/Senior Bingo	10:45 a.m. _____
July 20(Wednesday)	Senior Dance "The Blue Notes"	12:00 p.m. _____
July 22(Friday)	Whitehall Mall/Olive Garden	9:30 a.m. _____
July 24(Sunday)	Green Dragon Flea Market	9:00 a.m. _____
July 27(Wednesday)	Breakfast/Walmart	8:30 a.m. _____
July 29(Friday)	Red Lobster	11:00 a.m. _____
July 31(Sunday)	Rose Garden Concert Vince Pettinelli Orchestra	6:15 p.m. _____

Reservation forms may be obtained from and returned to Cathy from 9:00 a.m. to 1:00 p.m. in the main office on the first working day of the month. Afterward, sign up in Miki's office.



JUNE 2011

Sun Mon Tue Wed Thu Fri Sat

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

5 6:00 Concert	6 10:00 Exercise 1:00 Bible Study 6:00 Bingo	7 11:00 Schwanns 2:00 Notre Dame Catholic Church	8 10:00 Exercise 6:30 Poker League	9 10:00 Life Bio	10 11:00 Therapy Dog visit 11:30 Food box pickup 1:00 Yoga	11 11:00 Coffee & Donuts 12:30 Pinochle Party
12 6:00 Pie A la Mode Party	13 10:00 Exercise 1:00 Bible Study 1:30 Tenant Committee mtg. 6:00 Bingo	14 2:00 General Meeting	15 10:00 Exercise 5:00 Birthday Party 6:30 Poker League	16 10:00 Life Bio 2:00 St. John's Lutheran Rev. Wetzel	17 1:00 Yoga 2:00 Speaker "Vision Loss"	18 11:00 Soup & Hot dogs
19	20 Inspections 10:00 Exercise 1:00 Bible Study 2:00 Speaker "The Steel" 6:00 Bingo	21 Inspections 11:00 Schwanns	22 Inspections 10:00 Exercise 2:00 Speaker "Hydration" 6:00 Poker League	23 Inspections 10:00 Life Bio 2:00 Ebenezer Pastor Culton	24 No Yoga 12:30 Cookout	25
26	27 10:00 Exercise 1:00 Bible Study 6:00 Bingo	28 2:00 Speaker "Sharecare"	29 10:00 Exercise 6:30 Poker League	30 10:00 Life Bio 2:00 St. Johns Rev. Schaeffer		